

VIRGINIA BEACH PARKS AND RECREATION
 CITY-WIDE ATHLETICS
 PRINCESS ANNE ATHLETIC COMPLEX
 4001 DAM NECK ROAD
 VIRGINIA BEACH, VA 23456

FOOTBALL 2011
 145-POUND TACKLE LEAGUE

| <u>TEAMS</u> | <u>COACHES</u> | <u>UNIFORM COLOR</u> |
|-----------------------------|-------------------|-----------------------------|
| 1. Green Run Spartans | David Nieves | gold/cardinal red |
| 2. Courthouse Cowboys | Aaron Kent | blue |
| 3. West Kempsville Steelers | Frederick Jackson | white/black and black/white |
| 4. Woodstock Rams | Willie Walker | blue/gold |
| 5. Larkspur/Salem Lions | Michael Colvin | black/white |
| 6. Cooke Hokies | Joe Davis | white |
| 7. Bayside Raiders (silver) | Samuel Bloodworth | silver |
| 8. Kings Grant Vikings | Cho Ramirez | white |
| 9. Bayside Raiders (black) | Daryl Fanny | black |
| 10. Great Neck Buckeyes | Don Marcari | white |

WEATHER CANCELLATIONS CALL 385-0455

| <u>DATE</u> | <u>TIME</u> | <u>TEAM</u> | <u>FIELD/GOAL</u> | <u>DATE</u> | <u>TIME</u> | <u>TEAM</u> | <u>FIELD/GOAL</u> |
|-------------|-------------|-------------|-------------------|-------------------------|-------------------|----------------|-------------------------|
| Sept. 10 | 9:00am | 9-10 | PAAC#2 (red) | Sept. 13 (Tuesday) | 6:15pm | 1-3 | PAAC#2 (red) |
| | 10:15am | 3-4 | PAAC#2 (red) | | 7:30pm | 6-8 | PAAC#2 (red) |
| | 11:30am | 5-6 | PAAC#2 (red) | | | | |
| | 12:45pm | 1-2 | PAAC#2 (red) | | | | |
| | 2:00pm | 7-8 | PAAC#2 (red) | | | | |
| Sept. 17 | 9:00am | 6-2 | PAAC#2 (red) | Sept. 21 (Wednesday) | 6:15pm | 5-9 | PAAC#2 (red) |
| | 10:15am | 4-1 | PAAC#2 (red) | | 7:30pm | 7-10 | PAAC#2 (red) |
| | 11:30am | 8-10 | PAAC#2 (red) | | | | |
| | 12:45pm | 5-7 | PAAC#2 (red) | | | | |
| | 2:00pm | 3-9 | PAAC#2 (red) | | | | |
| Sept. 24 | 9:00am | 10-6 | PAAC#2 (red) | Sept. 28 (Wednesday) | 6:15pm | 2-4 | PAAC#2 (red) |
| | 10:15am | 2-3 | PAAC#2 (red) | | 7:30pm | 5-9 | PAAC#2 (red) |
| | 11:30am | 9-7 | PAAC#2 (red) | | | | |
| | 12:45pm | 1-5 | PAAC#2 (red) | | | | |
| | 2:00pm | 4-8 | PAAC#2 (red) | | | | |
| Oct. 1 | 9:00am | 2-7 | PAAC#2 (red) | Oct. 15 | 9:00am | 5-3 | PAAC#2 (red) |
| | 10:15am | 1-6 | PAAC#2 (red) | | 10:15am | 10-4 | PAAC#2 (red) |
| | 11:30am | 4-5 | PAAC#2 (red) | | 11:30am | 8-2 | PAAC#2 (red) |
| | 12:45pm | 8-9 | PAAC#2 (red) | | 12:45pm | 9-6 | PAAC#2 (red) |
| | 2:00pm | 3-10 | PAAC#2 (red) | | 2:00pm | 7-1 | PAAC#2 (red) |
| Oct. 22 | 9:00am | 8-1 | PAAC#2 (red) | Oct. 29 | 9:00am | 7-3 | PAAC#2 (red) |
| | 10:15am | 9-2 | PAAC#2 (red) | | 10:15am | 8-5 | PAAC#2 (red) |
| | 11:30am | 7-4 | PAAC#2 (red) | | 11:30am | 9-1 | PAAC#2 (red) |
| | 12:45pm | 3-6 | PAAC#2 (red) | | 12:45pm | 10-2 | PAAC#2 (red) |
| | 2:00pm | 5-10 | PAAC#2 (red) | | 2:00pm | 6-4 | PAAC#2 (red) |
| Nov. 5 | 9:00am | 4-9 | PAAC#2 (red) | | | | |
| | 10:15am | 6-7 | PAAC#2 (red) | | | | |
| | 11:30am | 10-1 | PAAC#2 (red) | | | | |
| | 12:45pm | 3-8 | PAAC#2 (red) | | | | |
| | 2:00pm | 2-5 | PAAC#2 (red) | | | | |

The Princess Anne Athletic Complex (PAAC) is located off Landstown and Dam Neck Roads between the Amphitheater and the Sportsplex. The multi-purpose fields are closest to the Landstown Road entrance.
 Color (red) signifies goal post pads.

This complex is a non-smoking facility.
 Please park in designated spaces/lots (not on the grass).

(over)

League Rules

1. No grace period. Games will not be delayed to allow players to sign in. For the first game of the day, the **head coach** must report to the Field Supervisor at least 30 minutes prior to game time. For all other games, report to the Field Supervisor immediately after halftime of the preceding game. **Players must sign-in before each game; lining up in alphabetical order with their helmets off. Coaches must have their ID notebook, with player ID cards in alphabetical order.** Players must be signed in and ready to play at game time. **Coaches** are also required to check in at this time, with their City of Virginia Beach Department of Parks and Recreation picture ID badge.
2. On game day, after signing in your players, coaches will receive a copy of the opposing team's roster from the Field Supervisor. Once both teams have completed sign-ins, incomplete roster information (uniform numbers, absentee players, etc.) can be obtained from the Field Supervisor.
3. A maximum of 6 coaches (1 Head, 4 Assistants, 1 Jr. Assistant) will be allowed in the box during a game. All coaches must wear their City of Virginia Beach Department of Parks and Recreation picture ID badge in order to remain in this area. Individuals without badges will be asked to leave. Your cooperation is expected - **failure to do so will result in Police intervention and a game forfeiture.**
4. Mandatory playing rule: each player must play at least four plays in a full game.
5. Cut off date: Thursday, October 6, 2011, at 5:00pm. **No new players may be added to the roster after this date.**
6. Home team is listed to the right on the schedule. Home team is responsible for providing the chain crew. **Members of the chain crew must be adults (18 years of age or older).** The chain crew and the home team's bench will be positioned on the same side of the field as the yardage markers.
7. Home team is responsible for making arrangements for alternative jersey colors if jerseys are too similar for officials to distinguish between teams. **Plan ahead.**
8. Players wearing casts of any type (soft or hard) will not be eligible for play.
9. All games will count in the standings. The team with the best won/lost record, at the end of the regular season, will be the Division Champion. The top four teams in the division will advance to a single elimination City Championship Playoff. In the event of a tie for 1st - 3rd place, the tiebreaker will be: 1) head to head play (win/loss only, point differential is not considered); 2) a coin toss. In the event of a tie for 4th place, the tie-breaker will be: 1) head to head play (win/loss only, point differential is not considered); 2) a playoff game.
10. **Second weigh-in:** Monday, October 3, 2011, 8:15p.m. - 9:00p.m. at the Princess Anne Athletic Complex City-Wide Athletics Office located at 4001 Dam Neck Road. No players in this division will be weighed after 9:00p.m. **ARRIVE ON TIME.** Players must show their football picture ID card at weigh-in. Players who weighed 130 pounds or less at the first weigh-in need not attend the second weigh-in. Players who fail to attend this appointment, and fail to weigh-in by Thursday, October 6, 2011 (cut-off date) will be ineligible for the remainder of the season.

Providing false information on the player contract card will result in ineligibility for one year.

You can access football league standings, make-up and playoff schedules at:

<http://www.vbgov.com/sports>